

OrganIQ User Guide



OrganIQ

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Introduction

Welcome to OrganIQ, a next-generation wearable health monitoring system designed to simplify how you understand and manage your body. OrganIQ combines advanced sensor technology with real-time data insights to help you make smarter decisions about your nutrition, activity, and overall wellness.

This user guide will walk you through setting up your OrganIQ device, connecting it to the mobile application, and interpreting the health insights it provides. You will also find important safety information and troubleshooting tips.

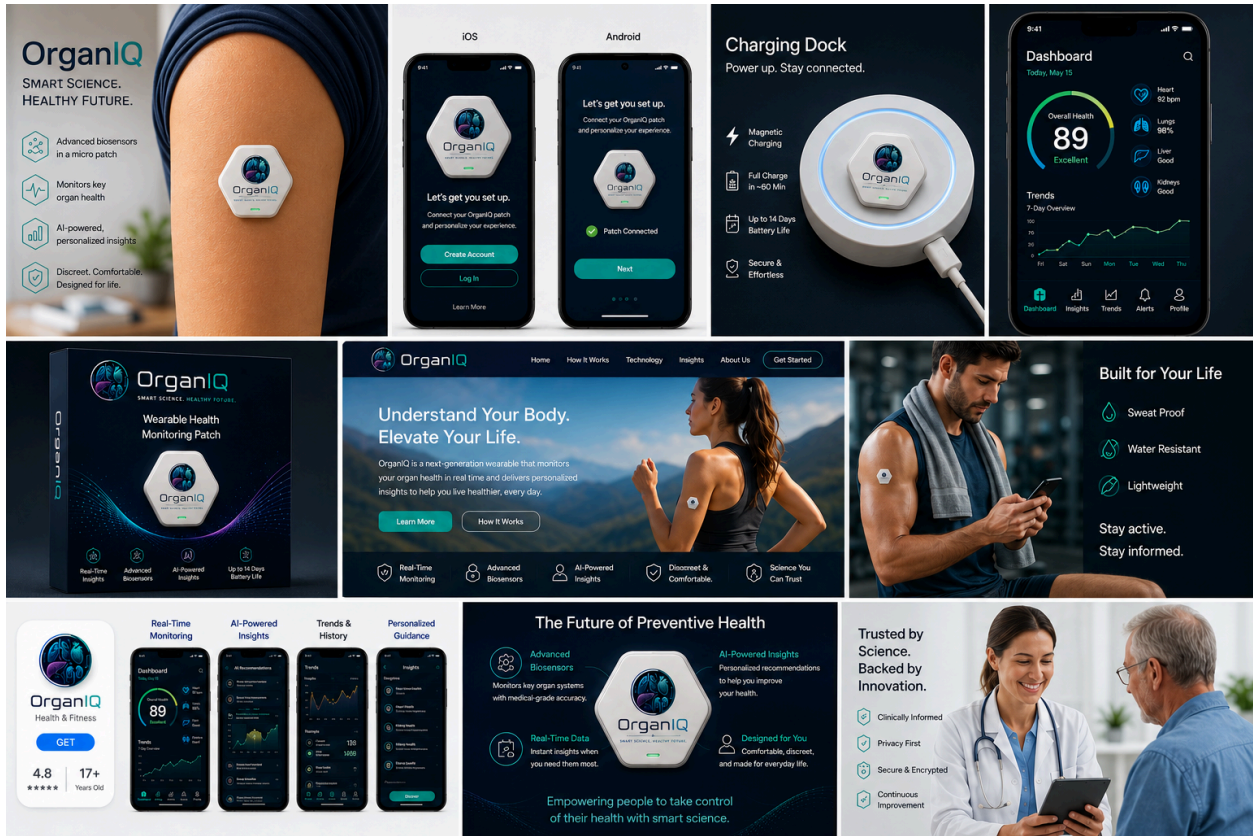
Whether you are a busy professional, a fitness enthusiast, or someone focused on preventative health, OrganIQ is built to seamlessly integrate into your daily routine. Its unique selling point lies in its ability to translate complex biological data into simple, actionable recommendations, eliminating guesswork and empowering you to take control of your health with confidence.

Tools Needed for Setup

Before using OrganIQ, ensure you have the following:

- OrganIQ wearable patch device
- Smartphone (iOS or Android)
- OrganIQ mobile application (downloaded from app store) **Figure 1.**
- Charging cable (if applicable)
- Clean, dry skin surface for application

Figure 1.



Safety Warnings

1. Do not apply the patch to irritated, broken, or infected skin.
2. Avoid exposure to extreme heat or water beyond recommended limits.
3. Consult a healthcare provider before use if you have a medical condition or an implanted device.
4. This product is not intended to diagnose, treat, or cure medical conditions.
5. Discontinue use if irritation or discomfort occurs.

Step-by-Step Instructions for Use

Step 1: Download and Set Up the App. You can find the OrganIQ app in your app store. Then create an account using your email and input basic health information for personalized insights.

Step 2: Next, prepare the patch by cleaning and drying the area where the patch will be placed. Then remove the protective backing from the patch.

Step 3: You will then apply the device by firmly placing the patch on your upper arm or the recommended area. Ensure it is secure and comfortable.

Step 4: Lastly, sync with your phone by opening the app and enabling Bluetooth. Follow prompts to pair your device.

Step 5: You can now monitor Your Data. View real-time insights on organ function and nutrient needs. Follow the suggested dietary and lifestyle recommendations.

Step 6: Maintain and Replace. Replace the patch as directed (typically every 7–14 days). Keep the app updated for best performance.

FAQs / Troubleshooting

Q: My device won't connect. What should I do?

A: Ensure Bluetooth is enabled and restart both the app and your phone.

Q: The patch is not sticking properly.

A: Make sure your skin is clean, dry, and free of oils or lotions.

Q: Data seems inaccurate.

A: Recalibrate through the app and ensure proper placement of the patch.

Q: Can I wear it while exercising?

A: Yes, OrganIQ is designed for active lifestyles.

Contact Information

For support or questions:

Email: support@organiqhealth.com

Phone: 1-800-ORGANIQ

Website: www.organiqhealth.com/support

Live 24/7 chat available through the app.